

# POWERLIFTING

## 1.0 Name of Sport

Powerlifting

## 2.0 Venues

### 2.1\* Name of Venue

Centre Esportiu La Creu Del Grau

### 2.2 Location

C. Islas Canarias 247, València

### 2.3 Which other sports or other Gay Games events will be organized in the same area? How will you take advantage of this proximity?

Esports, Tennis, Volleyball

### 2.4 Accessibility/Transportation

Subway: L5, L6, L7, L8

Bus: 1, 2, 3, 4, 19, 20, 30, 99, N8 and N9

Valenbisi Stations: 62, 68 and 69

Taxi

Only 2 km away from the Village.

### 2.5 Description of the facilities (spectator seating, locker rooms, warm-up areas, etc.)

Several national competitions have been organized at this venue since it was first inaugurated in 2005. We have spectator bleachers for 110 people, 4 locker rooms, a weigh-in room, separate warm-up area for 15 lifters simultaneously on 5 separate platforms, a total of 3 lifters per platform (Gay Games Red Book requires space for at least 5 lifters, and we guarantee space for 15).

### 2.6 Describe the venue with respect to the Red Book requirements. If the venue does not meet the Red Book requirements, what are your plans for dealing with this?

The powerlifting venue meets all the Red Book requirements in each of the described categories: warm-up space, competition platform, spectator stands, locker rooms, etc.

### 2.7 What events are usually held in this venue?

Olympic weight-lifting training and competition events are held here on a regular basis.

### 2.8 Why did you choose this venue?

The "Centre Esportiu La Creu del Grau" has been hosting regional and national Olympic weightlifting competitions, as well as international training camps for several national Olympic weightlifting teams since its inauguration in 2005.

### 2.9 If more than one venue will be used, what are the issues and solutions for this (transportation, communication, etc.)?

We feel confident there will be no need for a second venue for the powerlifting events based on the number of participants from previous seasons.

## 3.0 Nature of the Event

### 3.1 Anticipated number of participants

38, based on the number of participants from previous seasons.

### 3.2 Expected breakdown (by gender, by region of origin). On what basis were these numbers derived?

70% men, 30% women based on previous competitions.

## 4.0 Organizational Resources

### 4.1\* Is there a national and/or international LGBT sports organization for the sport?

Unfortunately, we do not have a LGBTQ+ Powerlifting organization yet in Spain.

### 4.2\* Will a regional (national, international) sanctioning or governing body be involved?

In order to secure a successful event, the Spanish Powerlifting Association, as well as the València Weightlifting Federation will be involved in the organization of the event.

### 4.3 Will this event be sanctioned?

Yes, Gay Games sanction policies will be followed as instructed.

### 4.4\* Who will organize/manage the event?

The Spanish Powerlifting Association, as well as the València Weightlifting Federation will be involved in the organization of the event.

### 4.5\* Will a local club be involved in the organization of the event?

The València Weightlifting Club, which is the local team that trains and competes on a regular basis in this venue.

### 4.6 What local experience is available to the host in organizing competitions for this sport?

None. This is practically a new sport for the city of València. We will trust the experience of the PCA and that of our local club.

## 5.0 Organization of the Event

### 5.1 Description of tournament (seeding, rounds, etc.), relative to Red Book requirements.

The competition will be held in accordance with the Red Book requirements.

### 5.2 Categories/Divisions

According to the Gay Games Red Book for Powerlifting, there will be 3 gender categories, 7 age categories and 14 body weight categories.

### 5.3 Scheduling (number of days, etc.)

2 full days of competition: 1 day of weigh-ins, 1 day of competing with up to 60 participants.

### 5.4 Number of competitive instances per athlete

Each athlete can participate in three single events: bench press, dead lift and squat for their age, gender and bodyweight category.

### 5.5 Total number of competitive instances

Depending on the number of people present, we will divide the competition up into 3 or 4 rounds.

### 5.6 If the event is ticketed, how will tickets be sold, distributed, and collected?

Ticketed events will be organized centrally by the GG VLC team. An entrance ticket for this event will be managed, sold and collected at the venue.

### 5.7 Is sport-specific sponsorship possible for this event?

We currently have no sponsor, but we will do our best to secure one.

## 6.0 Specific FGG Policies

### 6.1 How will you address requirements of Policy guidelines for Age and Ability?

Separate general and women-only divisions will be proposed, with multiple weight and age categories for each one.

### 6.2 How will you address requirements of Policy guidelines for Disability?

We can adapt to those with disabilities regarding access to the locker room, weigh-in room, warm-up room, competition stage and spectator stands.

### 6.3 How will you address requirements of Policy guidelines for Gender in Sport?

A women-only category and a general category will be proposed. We can adapt to the requirements regarding locker rooms and the competition.

### 6.4 How will you address requirements of Policy guidelines for Health and Well-being, and in particular, Performance-Enhancing Drugs?

With the support of the Spanish Powerlifting Association, we will organize the event while respecting all the international powerlifting rules regarding performance-enhancing drugs.

### 6.5 How will you address requirements of Policy guidelines for Officials?

With the support of the Spanish Powerlifting Association, we will organize the event while respecting all the international powerlifting rules with licensed officials.

### 6.6 Will you be able to meet sport-specific Red Book requirements? What are the difficulties you foresee for meeting these requirements, and how will you deal with them? What gives you confidence that you will be able to respect Red Book requirements?

We feel confident we will meet all Red Book requirements regarding the organization of the event: weigh-in, warm-up, competing, equipment, etc. Our only concern is regarding the number of participants in case there happens to be a lot more than expected. Based on previous GG results, there have never been over 40 participants in the powerlifting events, which indicates we should have no issues arranging the events at the chosen venue. We have ample experience managing bigger events for national weightlifting competitions so there should be no issues unless numbers reach unanticipated levels.

#### 7.0 Additional Comments

None

